

Lightning League for 5 & 6 Year Olds

The Game

- Based upon general Tee Ball rules
- Smaller team 'squads' with less fielding positions
- Batter's initially run only to first base,
- Home base running is then introduced later in the season
- Creates a larger 'in-house' competition, allows more interactive team play



The Team

- Teams are generally made up of 10 – 12 children
- The team is split in two squads of 5 to 6 players, with squad players rotated allowing a different mix of players every week
- Fielding positions are rotated every innings, allowing all players to field different positions during the game
- Batting order is rotated every innings, allowing every batter the opportunity of batting first, last etc.



Why have two Squads per Team ?

- Time for each innings is shorter, increasing the number of innings per game, and the times at bat per game
- Reduced time on the bench for players during a batting innings
- Nobody sits out a fielding innings, all positions can be filled
- Players only field in positions they are likely to field a batted ball



Game Day Programme

- 8.00 Commence Team Warm up Activities at 'Home Diamond'
- 8.15 Selected 'Squads' move to designated diamonds
- 8.30 Game Starts
- 9.15 Game Ends, Squads move back to 'Home Diamond'
- 9.25 Team Presentation
- 9.30 All Done

